

# Privacy Policy for Forevolution Fitness

Effective date: July 22, 2024

At Forevolution Fitness, we are committed to protecting your privacy. This privacy policy outlines how we collect, use, and safeguard your personal information when you visit our website [forevolutionfitness.com](https://forevolutionfitness.com) or use our services.

## Information We Collect

We may collect the following types of information:

- **Personal Information:** This includes any information that can be used to identify you, such as your name, email address, phone number, mailing address, and payment information.
- **Health Information:** If you provide us with health-related information, such as medical history or fitness goals, we will collect and store this information to tailor our services to your needs.
- **Usage Data:** We may collect information about how you use our website, including your IP address, browser type, pages visited, and time spent on our site.
- **Cookies and Tracking Technologies:** We use cookies and similar tracking technologies to enhance your experience on our website. You can manage your cookie preferences through your browser settings.

## How We Use Your Information

We may use your information for the following purposes:

- To provide, maintain, and prove our services.
- To process payments and manage your account.
- To communicate with you about your account, services, or promotions.
- To personalize your experience and deliver content that is relevant to you.
- To analyze usage trends and improve our website and services.
- To comply with legal obligations and protect our rights.

## Sharing Your Information

We do not sell or rent your personal information to third parties. We may share your information in the following circumstances:

- **Service Providers:** We may employ third-party companies and individuals to facilitate our services, such as payment processes, marketing services, and IT support. These third parties have access to your personal information only to perform specific tasks on our behalf and are obligated not to disclose or use it for any other purposes.
- **Legal Requirements:** We may disclose your information if required by law or in response to valid requests by public authorities.

## Data Security

We take the security of your personal information seriously and implement reasonable measures to protect it from unauthorized access, use, or disclosure. However, no method of transmission over the internet or method of electronic storage is 100% secure. While we strive to protect your information, we cannot guarantee its absolute security.

## Your Rights

Depending on your location, you may have the following rights regarding your personal information:

- The right to access and obtain a copy of your personal information.
- The right to request correction of inaccurate or incomplete information.
- The right to request deletion of your personal information under certain circumstances.
- The right to object to or restrict the processing of your personal information.
- The right to withdraw consent where we rely on consent to process your personal information.

To exercise any of these rights, please contact us using the information provided below.

## Third-Party Links

Our website may contain links to third-party websites that are not operated by us. We have no control over and assume no responsibility for the content, privacy policies, or practices of any third-party sites. We encourage you to review the privacy policies of any third-party website you visit.

## Children's Privacy

Our services are not intended for individuals under the age of 13. We do not knowingly collect personal information from children under 13. If we become aware that we have collected such information, we will take steps to delete it.

## Changes To This Privacy Policy

We may update our Privacy Policy from time to time. We will notify you of any changes by posting the new Privacy Policy on this page and updating the effective date at the top. You are advised to review this Privacy Policy periodically for any changes.

## Contact Us

If you have any questions or concerns about this Privacy Policy or our data practices, please contact us:

Forevolution Fitness

[info@forevolutionfitness.com](mailto:info@forevolutionfitness.com)

(934)-386-1959

200 Hawkins Ave

P.O. Box #208

Ronkonkoma, Ny, 11779